

## Accurate News

Information on Services and Programs offered by Accurate Clinic

### Our Mission

Our vision at Accurate Clinic is to deliver excellent medical care by providing a multidisciplinary approach to the assessment and management of our patients. We have added new members to our clinic team who bring with them their own individual skills and experiences that will enhance your assessment and provide a greater range of treatments to improve your well-being.

## Physical Therapy & **Psychotherapy**

We have recently engaged the services of Sue Drecktah and Ulli Naresh, licensed physical therapists who will assess our pain patients for how their conditions have affected their strength, range-of-motion and balance. They will provide guidance on how to improve the limitations painful conditions place on the activities of daily living. These services are provided at no extra cost as part of the pain management program.

Anjeanne Weiss, our psychotherapist, has developed some new programs designed to help our patients cope better with many of the difficulties and conflicts inherent in their lives. From offering assistance in the management of chronic pain including migraine headaches to providing help with quitting smoking or losing weight to offering marital and couples counseling, Anjeanne is available to aid our patients on many levels.



## **New Aesthetic** Services

Improve your appearance, improve your quality of life!

Are you ready to make those changes in your appearance you've been thinking about? Now is the time! Making a positive change in your appearance can change your outlook about yourself and improve your quality of life

Through treatment options such as Botox©, dermal fillers, chemical peels, microdermabrasion and massage, Accurate Clinic can assist you in getting rid of unwanted lines, age spots, spider vessels and hair.

Considering Botox®? It's great! With a brief procedure associated with very little discomfort, you can obtain significant improvement in certain facial creases to achieve a more youthful appearance that can persist up to four months.

## Visit Our New Website!

#### **Patient Assistance Programs**

you may qualify for free or discounted medication **Special Clinic Offers** 

\$25.00 off your next clinic visit!

#### **Educational Section**

in-depth information and down-loads about Pain Management and other services.

Sign Up For Our Newsletter Today!

## www.AccurateClinic.com



Improved **Accuracy** 

with New Computer Based Medical Records

We have initiated new computer based medical records at *Accurate Clinic*. In addition to being better able to track your health trends, this will enable us to coordinate your medical care with your other health professionals. By coordinating your care, we can arrange consultations and testing more efficiently as well as avoid medication interaction error.

These changes represent just the beginning of our efforts to improve the quality of care at *Accurate Clinic*. We are planning to add acupuncture and laser therapy for pain.

## Massage Therapy

Treat yourself to a massage ... you deserve one!

Relax, relieve your stress and feel better after a therapeutic massage tailored to your needs. It will help reduce your pain as well as ease your anxiety. Schedule your massage same day as your medical appointment or another time at your convenience. Our massage therapists offer a variety of styles including:

Trigger Point, Swedish, Deep Tissue, Sports, Reflexology, Hot Stone, Chair Massage, Prenatal, Geriatric





Therapists Victoria Geeck and Ryan Paliser

rates: 30.00 - 30 minutes 60.00 - 1 Hour

## Weight Loss Program



Got Unwanted Pounds? learn how to lose the weight you want and keep it off...

Let us help you take the first step! Our Weight Loss Program includes an assessment by our physician, dietitian, and our psychotherapist to provide an integrative approach to weight loss designed for greater long term success. The weight loss program may include medications when indicated, expert guidance in dietary management such as food supplement recommendations, and professional assistance in changing maladaptive eating habits detrimental to general health and weight management.

Pictured above: Steve Roch, Dietitian

# YOUR IDEAS are Welcomed

We welcome any ideas regarding services you would like added or improved at *Accurate Clinic*. We appreciate your patience as we initiate the changes described above and we are grateful for your trust and confidence in selecting *Accurate Clinic* as your choice for medical care.

### **Bulletin Board**

Post your ride-share offers here!

Offer TENS units and other equipment for sale

Share your experiences & offer suggestions about our programs and services

Call us at 504.472.6130

