Symptoms include:
• Abdominal cramps, nausea, vomiting, diarrhea
• Bone and muscle pain
• Anxiety
• Insomnia
• Increased pain sensitivity in the original painful site

Signs include:
• Rapid heart rate (>100) • High blood pressure • Fever • Dilated pupils • Increased reflexes • Cold sweats • Hairs standing on end • Watery eyes, yawning • Runny nose • Muscle spasms

Prolonged withdrawal from opioids may include anxiety, depression, sleep disturbances, fatigue, bad mood, and irritability, which can last for weeks or months (rarely) following withdrawal from short- and long-acting opioids.

See COWS assessment