



Accurate Clinic

2401 Veterans Memorial Blvd. Suite 16
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Phone: 504.472.6130 Fax: 504.472.6128

www.AccurateClinic.com

Prescriptions from other MD's

State law prohibits patients from filling overlapping prescriptions for "controlled" or "scheduled" medications including opioid/opiate pain medications from more than one physician unless each physician is notified in writing of the other physician's prescriptions. When one does this, they are "Doctor Shopping" and this is a felony.

As a patient enrolled in our pain management program, it is mandatory that you not fill prescriptions from other prescribing clinicians (physician, dentist, physician assistant, nurse practitioner etc.) for scheduled pain medications including all opiates such as narcotic **cough medicines**, ultram, codeine, norco, lorcet, lortab, vicodin, percocet, oxycodone, suboxone and others - regardless of the strength or the quantity prescribed. This restriction also applies to Lyrica (pregabalin). It does not apply to non-opioid medications used for pain such as Motrin, ibuprofen, Aleve, Mobic and other non-steroidal anti-inflammatory pain medications or Tylenol. Other medications used for pain that are also not restricted include Cymbalta (duloxetine), Effexor (venlafaxine) and Neurontin (gabapentin).

Let there be no mistake: anyone failing to heed this policy may be discharged from clinic.

What about emergencies?

You may have an urgent or emergency painful condition that causes you to seek care at an Urgent Care Center, or an Emergency Room or from another clinician such as a dentist, orthopedist or primary care physician. This painful condition may be such that additional pain medications are needed over and above the medications that you receive in the pain management program. If you are in this situation, you must inform the treating clinician that you are enrolled in our Pain Management program and are under an agreement not to receive prescriptions for opioids from other clinicians. Present the clinician with your "Wallet Card," the appointment card you receive at the conclusion of each pain management appointment at Accurate Clinic. This card identifies your diagnoses and your prescription medications.

If the treating clinician reviews your "Wallet Card" and believes that your urgent condition warrants additional pain medications, it is acceptable for you to fill their prescription. But, under these circumstances, it is important that you have the treating clinician make a copy of your "Wallet Card" and place it in their medical record of your care. This will protect you from any conflict that might arise surrounding your filling the new prescription. There are no restrictions if another physician gives you an injection or provides you with oral medications as part of their care. As an additional safety measure, however, we prefer that you notify Accurate Clinic as soon as possible that you have received additional pain medications from another physician. This will provide us the opportunity to assess and advise you of the safety of adding the new medication. This is especially important for anyone who has tested positively for genetic variants as part of our pharmacogenetic (PGT) testing of your saliva (but not everyone is PGT tested). This is also very important for anyone being prescribed methadone.



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Another safety concern applies when a clinician prescribes you Xanax, Valium, Klonopin, Ativan, Tranxene or other benzodiazepine-type anxiety medications. While this is not specifically forbidden, it does represent the potential for serious, even life-threatening drug interactions with your opioid pain medications. This is especially dangerous if you have a high risk for sleep apnea or if you are on high doses of opioids. We strongly discourage the use of benzodiazepine medications with opioid pain medications.

When you anticipate undergoing any surgery including dental procedures, please advise our physician prior to your surgery or procedure so that proper arrangements can be made to assure that you receive adequate, appropriate pain management for your post-op pain.

Be aware that the Pharmacy Board of Louisiana now monitors ALL prescriptions of controlled substances **statewide** and failure to comply with the above guidelines will automatically be identified and this clinic notified. We also check neighboring state's prescription monitoring programs routinely.

We do not accept the excuse that someone did not know or did not understand the rules. If in doubt about filling a prescription from another prescribing caregiver, please call our clinic for clarification **before** filling the prescription. If you have any questions, please feel free to contact our clinic at anytime.

The Law

HB 213 by Representative Johns (enrolled) provides for penalties for "doctor shopping" of prescriptions for controlled dangerous substances (opiates, benzodiazepines, amphetamines such as lorcet, Xanax and Adderal) and Carisoprodol (Soma). **HB 213** provides that it shall be unlawful for any individual, while being supplied with any controlled dangerous substance or legend drug Carisoprodol (Soma) or a prescription for any controlled dangerous substance or legend drug Carisoprodol (Soma) by one health care practitioner, to knowingly and intentionally obtain or seek to obtain any controlled dangerous substance or a prescription for a controlled dangerous substance from a second or subsequent health care practitioner without disclosing the fact of the existing prescription to the practitioner from whom the subsequent prescription for a controlled dangerous substance is sought. **HB 213** requires the disclosure to be in writing and to be made a part of that person's medical record and specifies certain information required to be disclosed. **HB 213** provides that the failure of a practitioner to request the disclosure is not a violation. **HB 213** provides penalties of imprisonment, with or without hard labor, for not more than five years and that the person may be sentenced to pay a fine of not more than \$5,000.