



## **Accurate Clinic**

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### **Antidepressants & Savella: Precautions**

Special concerns need to be considered when taking antidepressants and also Savella. While Savella is not an antidepressant, it acts like medicines used to treat depression and other psychiatric disorders. Here are a few precautions to bear in mind:

1. Antidepressant medicines may increase suicidal thoughts or actions in some children, teenagers, and young adults within the first few months of treatment.
2. Some people may have a particularly high risk of having suicidal thoughts or actions. These include people who have bipolar illness (manic-depressive illness) or have a family history of suicide.
3. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is very important when an antidepressant medicine is started or when the dose is changed.
4. Call your healthcare provider right away to report new or sudden changes in mood, behavior, thoughts, or feelings.
5. Keep all follow-up visits with the healthcare provider as scheduled. Call your healthcare provider between visits as needed, especially if you have concerns about symptoms.
6. Never stop an antidepressant medicine without first talking to your healthcare provider. Stopping an antidepressant medicine suddenly can cause other symptoms including anxiety, insomnia, nausea headaches and tremors.
7. Antidepressant medicines may have side effects such as drowsiness, weight gain, dry mouth, headache, constipation or diarrhea, blurred vision, loss of sex drive, problems urinating or other symptoms. If you experience symptoms you think may be a side effect from your medicine, call your physician.
8. Antidepressant medicines can interact with other medicines. Know all of the medicines that you take and keep a list of all your medicines to show your healthcare provider. Do not start new medicines without first checking with your healthcare provider.