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# Does Vitamin B Alter the Efficacy of Botulinum Toxin?

### Abstract

Botulinum toxin prevents acetylcholine release at motor nerve terminals. Group B vitamins (B-vit) are essential for proper nerve function. The present study addresses the question of whether B-vit accelerate recovery in rat skeletal muscle after botulinum toxin A (Btx-A) injection. Forty-four adult male Wistar albino rats were used in this experimental study. Rats were divided into three groups: group 1 rats were given Btx-A injection only, group 2 rats were given B-vit supplementation before Btx-A injection, and group 3 rats were given Btx-A and B-vit injections together. During the experiment, compound muscle action potential (CMAP) of the gastrocnemius muscle was recorded before Btx-A injection and sequentially ten times after toxin injection. The statistical significance of the CMAP amplitude change among the groups was analyzed. All groups showed similar amplitude change between consecutive measurement points. In conclusion, combining Btx-A injection with B-vit supplement does not decrease the efficacy of the toxin.

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ORIGINAL ARTICLE

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### **Does Vitamin B Alter the Efficacy of Botulinum Toxin?**

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Abstract Botulinum toxin prevents acetylcholine release at motor nerve terminals. Group B vitamins (B-vit) are essential for proper nerve function. The present study addresses the question of whether B-vit accelerate recovery in rat skeletal muscle after botulinum toxin A (Btx-A) injection. Forty-four adult male Wistar albino rats were used in this experimental study. Rats were divided into three groups: group 1 rats were given Btx-A injection only, group 2 rats were given B-vit supplementation before Btx-A injection, and group 3 rats were given Btx-A and B-vit injections together. During the experiment, compound muscle action potential (CMAP) of the gastrocnemius muscle was recorded before Btx-A injection and sequentially ten times after toxin injection. The statistical significance of the CMAP amplitude change among the groups was analyzed. All groups showed similar amplitude change

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Ö. Özkaya (⊠) Plastic Reconstructive and Aesthetic Surgery Clinic, Okmeydani Training and Research Hospital, İstanbul, Turkey amail: avrorau@uabon.com between consecutive measurement points. In conclus combining Btx-A injection with B-vit supplement does decrease the efficacy of the toxin.

Keywords B vitamins · Botulinum toxin · Electromyography · Neuromuscular junction · Chemodenervation

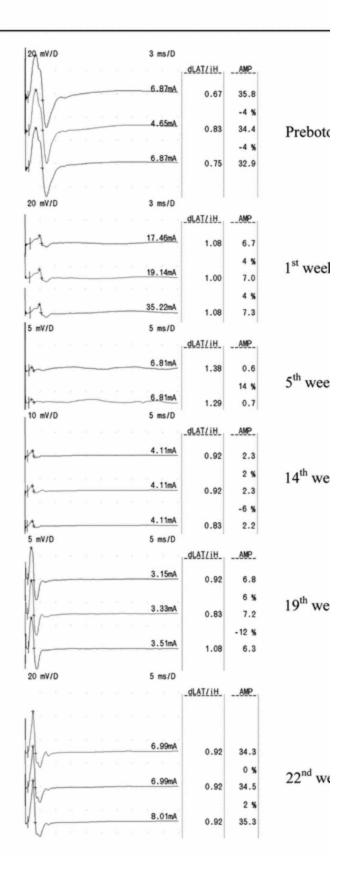
#### Abbreviations

Btx-A	Botulinum toxin A
B-vit	B vitamins
CMAP	Compound muscle action potential
EMG	Electromyography

Botulinum toxin A (Btx-A) treatment has become one the most common nonsurgical procedures performed dermatologists and plastic surgeons as a part of anti-ag therapy. Cosmetically, Btx-A can be used on the entire t and neck to correct wrinkles, which occur due to hy activity of the underlying muscles. In addition, the ag can be used in the treatment of a variety of neurolog diseases. Botulinum toxin causes weakness in the ta muscle via inhibition of acetylcholine release at the mnerve terminals and degeneration of the motor nerve c ings [2, 4, 6, 8]. The recovery of motor function depend: the regeneration of the nerve terminals and formation new motor end-plates.

Healing after nerve injury depends on many fact which are the focus of this study. However, availa evidence suggests that vitamin deficiencies, especially vitamin B complex, may cause peripheral neuropathy [ and primary sensory neuron injury symptoms such hyperalgesia can be reduced via the use of B-vit [ Nerve regeneration studies have generally tested the eff No Body Text -- translate me! Page 2 Aesth Plast Surg (2012) 36:692-697

Fig. 1 Gastrocnemius CMAP amplitude change during the time course (examples recorded from the same rat)



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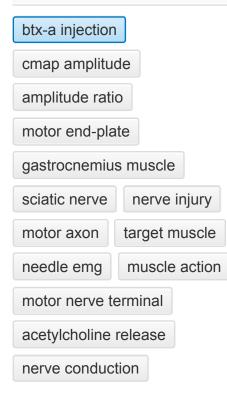
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