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Restless leg syndrome in pregnancy.

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Abstract

Restless leg syndrome, more recently renamed Willis-Ekbom disease, is a condition that disrupts sleep and occurs more frequently in the pregnant population. We present a 39-year-old woman with restless legs syndrome in the third trimester and discuss the epidemiology, pathophysiology and therapeutic options in the pregnant population while highlighting the challenges posed by the lack of safety data of approved drugs.

KEYWORDS: Restless leg syndrome; Willis-Ekbom disease; pregnancy; sleep

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